

REGULATIONS HARMONISED AT EUROPEAN LEVEL

FOOD SUPPLEMENTS

SCOPE

The regulations:

- Apply to food supplements marketed as foodstuffs and presented as such. The said products are delivered to end consumers in a pre-packaged form.
- Do not apply to medicinal products and proprietary drugs as defined in Articles L. 5111-1 and L. 5111-2 of the Public Health Code.

For the purpose of the regulations:

1° 'Food supplements' mean foodstuffs whose purpose is to supplement normal diets and which are concentrated sources of nutrients or other substances with a nutritional or physiological effect, alone or in combination, marketed in dose form, namely forms such as capsules, pastilles, tablets, pills and other similar forms, sachets of powder, ampoules of liquids, drop dispensing bottles and other similar forms of liquids and powders designed to be taken in measured small unit quantities;

2° 'Nutrients' mean the following substances:

- a) Vitamins;
- b) Minerals;

3° 'Substances with a nutritional or physiological effect' means chemically defined substances with nutritional or physiological properties, except for the nutrients defined in 2° and substances exclusively with pharmacological properties;

4° 'Plants and plant preparations' mean the ingredients made of plants or isolated from plants, except for the substances listed in 2° and 3°, with nutritional or physiological properties, except for the plants or plant preparations with pharmacological properties and intended exclusively for therapeutic use.

FRENCH REGULATIONS

- [Decree No 2006-352](#) of 20 March 2006 on food supplements

EU REGULATIONS

- [Directive 2002/46/EC](#) of 10 June 2002 on the approximation of the laws of Members States relating to food supplements
- [Regulation \(EC\) No 1170/2009](#) of 30 November 2009 amending Directive 2002/46/EC and Regulation (EC) No 1925/2006 as regards the lists of vitamin and minerals and their forms that can be added to foods, including food supplements

CONTACTS

➤ **AUTHORITIES RESPONSIBLE FOR REGULATIONS**

- *Ministère de l'agriculture, de l'agroalimentaire et de la forêt* (Ministry for Agriculture, the Food Processing Industry and Forestry) :

- ANSES Agence nationale de sécurité sanitaire (<http://www.anses.fr/>)
- DGAL – Sous-direction de la qualité de l'alimentation – Bureau de la législation alimentaire – sdqa.dgal@agriculture.gouv.fr

- *Ministère de l'économie et des finances* (Ministry for the Economy and Finance) :

- DGCCRF – Bureau Nutrition et informations sur les denrées alimentaires 4 A
bureau-4a@dgccrf.finances.gouv.fr

➤ **MARKET SURVEILLANCE AUTHORITIES**

- Ministry for the Economy and Finance :

- DGCCRF – Bureau Nutrition et informations sur les denrées alimentaires 4 A
bureau-4a@dgccrf.finances.gouv.fr
- DGDDI (Customs) – Bureau D2 – dg-d2@douane.finances.gouv.fr

➤ **BUSINESS FEDERATIONS**

- Association Française des Diététiciens Nutritionnistes (AFDN)

35 allée Vivaldi – 75012 Paris (France)

Telephone: +33 1 40 02 03 02

<http://www.afdn.org/>

- Syndicat de la Diététique et des Compléments Alimentaires (SDCA)

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<http://www.complementalimentaire.org/>